

** The next dual meet of the season will be at home vs CJAC on Saturday 1/11

** ALL swimmers 14/under are welcome.

** The Cranford Y will start allowing swimmers to enter the building starting at 9am. Warm ups will begin at 9:15am.

**There is a lot of pre meet work that needs to be accomplished between when swimmers arrive and when the meet starts therefore a strict timeline is followed to ensure all swimmers get a chance to swim their events before the meet must end at noon.

**Suggestion when signing up for home dual/time trial meets:

Choose events swimmers don't have times in

Choose events swimmers have times that are old.

When choosing the distance of an event (25-50-100-200 yards) swimmers need to be proficient in the shorter distance events before signing up for the longer distance events (for example to be able to complete a 50 legally (not get a DQ) before signing up for a 100). Swimmers are encouraged to talk with their coaches for recommendations on events prior to signing up. The coaches will be reviewing the entries and could change a swimmer's entries to allow the most appropriate experience.

Choosing different events each dual meet/time trial will give swimmers an opportunity to achieve times in multiple events, which will allow them more choices when signing up for invitational meets and championships.

**Events are limited to the ones listed for your swimmers age group

**swimmers may sign up for a maximum of 3 events.

Please list events in preferential order (1st choice – 2nd choice – 3rd choice) in case there is a 2 event per swimmer max due to time restrictions.

** To avoid errors and confusion, please make sure events are in the correct format on the entry form. It may seem petty for a dual meet but it could make a huge difference on an invitational meet when there are many events offered for each age group.

We are not responsible for any entry errors or omissions if the correct format isn't used.

Correct format - #10 100 free

Incorrect formats include - #10

#10 free

100 free

free

1 free

** swimmers age for the dual meet is as of 1/11/2025

** Any questions related to meet entries ONLY contact Chris at entries@jerseygatorsparents.com or 908-337-5097. For ALL other questions, contact the parents association at jerseygators@jerseygatorsparents.com.

**If you need to scratch from the meet email The Parents Association at jerseygators@jerseygatorsparents.com **
A signup genius will be posted to sign up to volunteer for the meet